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PLEASE NOTE: Both of the following procedures may be completed on the same day. If you are anticipating doing both, please follow the instructions for both LipiView & LipiFlow.



LipiView Preparation Instructions

1. No contact lenses the day of your exam.
2. No eye ointments starting the evening prior to your exam.
3. No eye drops the day of your exam.
4. No eye rubbing the day of your exam.
5. No eye cream or facial creams around the eye the day of your exam.



LipiFlow Preparation Instructions

1. No eye make-up the day of your procedure.
2. Punctal plugs may come out and need to be re-inserted depending on aqueous deficiency.
3. Cosmetic lashes may become loose and fall out from treatment, due to heat being applied.